

Merry Christmas

Winter Newsletter

Registered Charity
Number – 1111565

Annual Dinner Dance

It is that time of year again when we start to think of the New Year coming just around the corner.

This of course means our annual Dinner Dance on Friday February 10th.

We have managed to keep the ticket price the same as last year, £50.

The ticket includes a 3 course meal with coffee, Wine and beer at your table then an open bar for the evening. An excellent piano player accompanies your meal and Friern Manor's own DJ will spin the discs for the rest of the evening until carriages at Midnight.

It is a great night out and our biggest **Fund raiser** so gather up your family and friends and book your tickets with Elaine on 01268 593362

or e-mail elaine.bosley@btuh.nhs.uk

Angela Stark (Elaine's colleague) - Pain Nurse specialist, Basildon Hospital, will be attending to do a "talk" on Thursday 19th January- please confirm attendance with Elaine

Thank you to:

Laura Oakman our Social worker who has given her time regularly at the group on a Thursday to answer questions and give advice to our members.

The members of the M.S.T.G on Thursday 17th for making Daisy [Ellen's granddaughter] very welcome and helping her with her media studies project for college.

Elaines' colleagues the continence nurses for coming to the group to answer questions and give advice to members.